



2016 | 2017 AWARD RECIPIENT  
GPA LEADERSHIP EXCELLENCE  
IN PERSON-CENTRED CARE  
with distinction

AGE congratulates

**R. K. MacDonald** Nursing Home



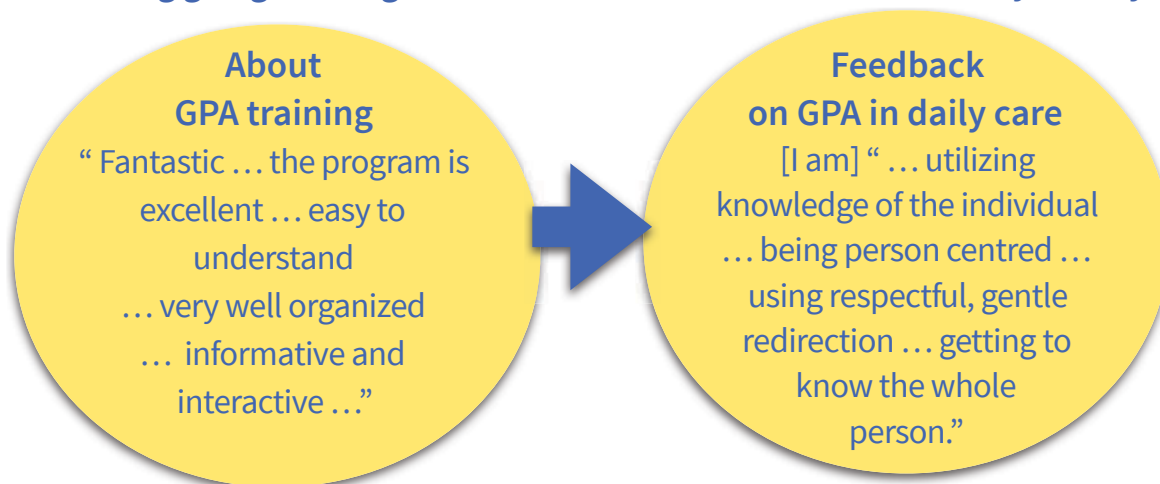
## R. K. talks about sustaining GPA and how implementation is impacting care

- ✓ “We have two on-staff GPA Certified Coaches ... we commit to training all staff and implementing GPA practice, principles and techniques into our **Resident Plan of Care** and our organizational policies ... [GPA will be] embedded into the fabric of the home.”
- ✓ “From February to June we provided GPA to 72 staff members and 14 CCA students ... training will continue until all staff — **from all disciplines** — have completed training ... staff who have had the opportunity to attend GPA Basics really benefited from the **interdisciplinary design** of the program.”

✓ R.K.’s approach to sustainability and practice change will include **GPA coaching one-on-one ... developing GPA mentors** ... providing consistent feedback to staff on their approach to care.”

✓ “We will definitely be including a **GPA-Recharged (GPA-R)** refresher when staff require.”

### Is GPA training going over big with staff? You bet it is! Here's what they are saying ...



### Uniqueness of spirit and character drive life plans for residents at R. K. MacDonald

East coast warmth shines through! “The R.K. MacDonald Nursing Home in Antigonish, Nova Scotia, fondly known as ‘The RK’, is home to 136 residents as well as several cats and birds. Our 240 full-time, part-time and casual staff and our visiting dog program complete our family. The RK is a rich and vibrant community that recognizes and appreciates the uniqueness of every person who lives and works here.” [www.rkmacdonald.ca](http://www.rkmacdonald.ca)